

Team DrumZone



Introduction

This team event is ideal to add to any meeting, with minimal set up required and the whole team working together. Being an indoor event there is no need to worry if weather will interfere with play.

Numbers per team:	Varies dependent on size of group
Even amount of teams required:	No
Indoor / Outdoor:	Indoor (outdoor possible in summer / nice weather)
Duration:	1 ½ to 3 hours

Content / Itinerary

- You and your colleagues will begin this fun team building session with a Boomwhaker with 5 different colours representing 5 different notes and we divide the room into 5 teams. Within minutes you are all playing music together. The teams will instantly experience a powerful team unity.
- We then build on this with a 30 minute Boomwhaker session before moving on to playing African Drums and mixed percussion instruments, which have been placed under each delegate's chair. With call and response games we teach the basic drumming and percussion techniques and move into playing different rhythms together that are combined to create complex polyrhythms! This brings everyone into unity and is an excellent 'real-time' metaphor for successful teamwork. Having taught everyone the basic skills needed to play the drums we move on to teaching the basics of an African Call and Response song.
- The teams have then learnt the skills to be able to compose and create a musical piece involving Drums, Percussion and song. We then divide the group into 5 breakout groups and give them time to create their own small team composition. They then regroup and perform their creations in a light hearted competition/celebration before joining together to end the event as a united drum ensemble building up to a high energy finale.
- In each session we always include a number of different approaches so some surprises are to be expected! We remind everyone how easy and how much fun it actually is to drop the limiting behaviours that prevent open, authentic and effective communication, collaboration and partnership so essential for successful teamwork.

Team DrumZone

continued



Cost

Cost is from **£1600.00 + vat** for a short programme dependent on final specification, numbers and location.

Cost is from **£1950.00 + vat** for a long programme dependent on final specification, numbers and location.

Plus possible one off travel charge dependent on location.

Our Cost Includes:

- Delivery and set up of all activities
- Professional instructors
- All Pre and Onsite Event Management
- Public Liability Insurance to £5 million.

Optional Extras

- Waterproof Gazebos: **£80.00 + vat** each
- Plain Coloured Caps (no logo) – from: **£3.00 + vat** each
- Plain Coloured T/shirts (no logo) – from: **£5.00 + vat** each
- Polo Shirts (no logo) – from: **£8.00 + vat** each
- Medals – from: **£1.50 + vat** each

Please note that a minimum order of 30 applies to all of the above optional extras apart from the medals which can be purchased individually.